

It is extremely important that students have the opportunity to participate in regular physical activity. This will help them develop not just physically but also mentally and socially. Student health and wellbeing is very important so the following procedures have been put in place to enable Physical Education lessons to take place safely.

Preparation

- On the day when PE is timetabled, students should come to school dressed in their PE kit and trainers. They should wear sports appropriate clothing for example, tracksuit bottoms and sweatshirt over the top of their PE kit.
- **No school uniform is required.**
- There will be no need to use the changing rooms.

Procedures

- All students to wash their hands before the lesson.
- Teacher to collect class from their Tutor / Class Bubble and escort to the PE area - TLSA to support.
- At the end of the lesson Teacher and TLSA to escort class back to their Tutor / Class Bubble.
- All student to wash their hands when they return to Tutor / Class Bubble.

Equipment

- All equipment to be used will be cleaned before use.
- All equipment used will be cleaned at the end of the lesson (students to support).
- If cleaning not possible the equipment will be isolated for 48 hours.

Activities – Key Stage 1 and 2 (Lower School)

- PE lessons will be in the sports hall or dining hall, to support our students in an appropriate space.
- External doors may be opened to increase ventilation, when deemed safe.
- Careful consideration given to spacing and groupings.
- No contact sports to be taught.
- Guidelines published by the Association for Physical Education (AfPE) and individual sport governing bodies will be followed.

Activities – Key Stage 3 and 4 (Upper School)

- PE lessons will be outside whenever possible (weather permitting).
- If sports hall is used the external doors may be opened to increase ventilation, when deemed safe.
- Careful consideration given to spacing and groupings.
- No contact sports to be taught.
- Guidelines published by the Association for Physical Education (AfPE) and individual sport governing bodies will be followed.